

The Next Step Christian Coaching Coaching Agreement

Coaching is an ongoing relationship between a coach and a person who desires coaching. We both agree that:

1. Coaching is not therapy, counseling, advice giving, mental healthcare, or treatment for substance abuse or any addictive behavior. The coach is not functioning as a licensed mental health professional, therapist or counselor, and coaching is not intended as a replacement for counseling, psychiatric interventions, treatment for mental illness, recovery from past abuse, professional medical advice, financial assistance, legal counsel, or other professional services.
2. Coaching is for people who are basically well adjusted, functioning fairly effectively, and are seeking to make improvements in their lives.
3. Coaching is designed to address issues the person being coached would like to consider. These could include (but not limited to) personal foundation, career development, relationship enhancement, spiritual growth, life balance, decision making, and achieving short-term and long-term goals.
4. Coaching will be an ongoing relationship that may take a number of months, although either party can terminate the relationship at any time. Some or all of the coaching may be via telephone or video conferencing contact.
5. Coaching can include brainstorming, values clarification, the completion of written assignments, education, goal-setting, identifying plans of action, accountability, making requests, agreements to change behavior, examining lifestyles, and questioning.
6. Coaching is most effective when both parties are honest and straightforward in their communication.
7. If the coaching is to involve payment for services, prior to its beginning both parties will agree to a fee, form of payment, procedures for cancelled appointments, and initial length of commitment.

8. Coaching is a confidential relationship and the coach agrees to keep all information strictly confidential, except in those situations where such confidentiality would violate the law. I understand that in order to protect my privacy, if I terminate my coaching, any assignment, work or information about our coaching session will be deleted from my coach's files within 90 days. I also agree that I consent to using e-mails to sometimes transmit sensitive information. I acknowledge the risks involved and waive any rights against my coach for errors made in these transmissions.

Only upon my agreement, as evidenced by a separate agreement, will my coach be allowed to record our coaching sessions. Confidentiality remains in effect, as described above.

9. Coaching assumes that each person in the relationship is guided by his or her values and beliefs. Your coach is a follower of Jesus Christ and seeks to live in accordance with this commitment. Your coach is honest in making this revelation and respects the different values and beliefs of others. Your coach does not seek to impose his or her values on another, condemn, or refuse coaching services to people who do not share similar values and beliefs.
10. I will cancel scheduled sessions with 24 hour notice.
11. I (the person being coached) am committed to creating an alliance with my coach, Janice Davis Caldwell.
12. Each of the people whose signatures appear below agrees that this agreement represents our mutual understanding of the coaching relationship.
13. Total liability under this coaching agreement shall be limited to the total amount actually paid by a client to the coach. In no event shall the coach be liable for any consequential or indirect damages alleged to result from the coach

14. The client is the sole decision-maker in the coaching process. Any and all actions or consequences resulting from the coaching sessions are the responsibility of the client. The client releases the coach of all liability pertaining to the services rendered in the coaching relationship.

Signature (Client)

Date

Signature (Coach)

Date

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CHRISTIAN COACHING: Helping Others Turn Potential into Reality, 2001.